

# HomeHaven News

Amity

Downtown

East Rock

Hamden/North Haven

Westville

homehavenvillages.org

203.776.7378

MAY 2024

## FRIENDS & FAMILY AND THE GREAT GIVE

### The Great Give is 8am, May 1 to 8pm, May 2!

*As you know, our Board members have pledged \$3,750, to be added to HomeHaven's Great Give total, if – and only if – we all succeed in increasing the number of unique donors to 165 – or more, of course!*

**Board members are longing to pay up! What can you do to help make their hope come true?**

1. **Make a donation yourself, along with each member of your household with a separate email account.** Each one will count as a unique donor. We are sending you an email with our direct link to the HomeHaven page on the Great Give website. This is not only the easiest but also the **only** way to contribute.
2. **Ask your friends and family to contribute, too!** Include colleagues, out of town acquaintances, neighbors, and yes, your milkman. We are also sending out an email you can edit and forward to them, which will also have the link to the Great Give website.

3. **Better yet – if you wish – ask your children and grandchildren, your cousins, and even your Aunt Mary to contribute –** again forwarding them the link, using the email we will be sending you.

The GREAT GIVE is a community-wide effort for many local organizations that provide a great variety of wonderful services to our community. It's a win-win for everyone - so please help make it an extra special win for HomeHaven!

Thank you!

The HomeHaven Great Give Committee,  
Louis Audette, Frank Estes, Kate Hay, Susan Holahan,  
Lauri Lowell, Andrew McLaren, Kerry Triffin

## Message from the President

Extrapolating from many conversations with older members, more recent members, as well as prospective members, building relationships is at the very heart of what attracts many people to being part of this common effort to age happily and well.

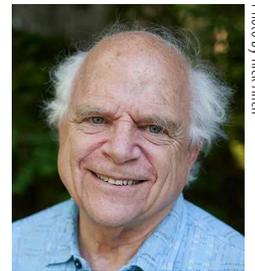


Photo by Rick Allen

To this end, the Membership Committee is planning an initiative:

### PRODUCTIVE CONVERSATIONS — Making Connections

The first stage of this experiment will be intended for our newest members to engage in a conversation with someone in their village who has been a member for longer.

*continued on page 2*

  
**THE great Give**  
**MAY 1-2, 2024**  
A 36-hour, online-giving event  
to support local nonprofits

Generous support for HomeHaven provided by:

**REID & RIEGE**  
ATTORNEYS

**Visiting Angels**  
LIVING ASSISTANCE SERVICES  
**(203) 298-9700**

**Message from the President**, *continued from page 1*

If you are a new member, do not be surprised if you get a call from one of your fellow village members or from one of your Village Leaders paving the way for this to happen.

If you are not a new member, do not be surprised if you get a call from one of your Village Leaders, asking you to initiate a conversation with someone new to your village in the last year.

We feel strongly that these conversations should be face-to-face since there are so many rich and subtle ways that things are communicated in person. Think about meeting at a coffee shop or going for a walk or going to a museum or something and then to a coffee shop. (Or even, and maybe better yet, at either of your homes.)

Who knows? A simple conversation could lead to a whole new friendship.

**A Couple of Tips About Connecting**

You can't listen at 80% or 30%. Listening is not a dial. It's an on/off switch. Turn it on. Truly listen.

So much can get expressed by our eyes, even before words come out of our mouths.



Kerry Triffin

**SEEKING VOLUNTEERS**

for set-up and break-down at  
the HH Annual Picnic  
Thursday, June 13  
Please call the office at  
203.776.7378 if you can help!

**HomeHaven News**

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Interim Editor – Lauri Lowell  
Layout and design by PIROET

*Thanks to Ellen Ryerson for her ongoing editing assistance.*

**HomeHaven's Mission Statement**

We help our members remain active, independent, and productive as they grow older in the comfort of their homes and communities. We provide social and educational activities, companionship, volunteer opportunities and services, and referrals to qualified professionals.

**JOIN US!**

For information, call the  
HomeHaven office at 203.776.7378  
or email us at  
[info@homehavenvillages.org](mailto:info@homehavenvillages.org)

*“The best way to find yourself, is to lose yourself in the service of others.”*

- Mohandas Gandhi

**AT YOUR SERVICE!**

In the past month, HomeHaven provided members with:

- 8 rides by volunteer drivers
- Numerous phone and in person visits
- 3 computer assists
- 3 referrals for household maintenance

Note: Members often call a service provider more than once or share names of providers with other members. You can help us keep accurate records by always letting the office know each time you use a provider originally recommended by HomeHaven. **Thanks so much!!**

# UNDERSTANDING LONG-TERM CARE SERVICES:

## An in-person panel presentation on May 30

by Lauri Lowell, Executive Director

We often find that with age comes uncertainty about a range of concerns, from medical care to home safety to where to live for the home stretch. It's complicated terrain, but you don't have to navigate it on your own, nor should you. There are services available that can enhance your quality of life by ensuring that you make informed decisions that meet your unique needs and preferences. And there are experienced professionals who can help you access these services.

Come join us for a 90-minute conversation with a panel of experts who have the knowledge and tools to help older adults make these tough decisions. You'll have an

opportunity to meet them face to face, hear about the services they offer, and ask questions.

Some of the topics to be covered include:

- Assessing needs
- Coordinating medical care
- Supporting the whole family
- Managing crisis situations
- Accessing resources
- Understanding dementia care
- Exploring residential options

Sponsored by HomeHaven and Spring Glen Church

Moderated by Becca Allen, LCSW, End of Life Doula

Thursday, May 30, 2:00 – 4:00pm

Spring Glen Church, Great Hall

1825 Whitney Ave., Hamden, CT

Free & Open to Members of HomeHaven and Spring Glen Church.

*Ample parking, fully accessible.*

For more information, contact Lauri Lowell at [Lowell@HomeHavenVillages.org](mailto:Lowell@HomeHavenVillages.org) or call 203 776-7378



## Amity Village Tour of the Cushing Center

On March 7, 13 members of HomeHaven Amity Village toured the **Harvey Cushing/John Hay Whitney Medical Library** and the **Cushing Center Museum** at Yale. They were guided on this tour by Yale Medical Librarian Janene Batten and Cushing Center Coordinator Terry Dagradi.

Top left, L-R: Ben Judd, Pat Allen, and Frans Wackers.

Bottom left, L-R: Janene Batten, Eric Triffin, Libby Meyer, and Ben Judd.

Below: Terry Dagradi talking about Dr. Cushing and his display of brains.



Photos by Rick Allen

# HEALTH MATTERS: Tick Borne Diseases in Our Area

by Pat Jackson Allen, RN

At the end of April 2023, I found a tick on my leg. I removed the tick but ten days later I developed a fever and body aches. Since there was no other identifiable source of infection, it was assumed I had Lyme disease, and blood was drawn for testing. I was placed on antibiotics and soon felt better. Ten days into my treatment I suddenly felt sick again with fever, fatigue, aches, and now nausea and vomiting. I went to Urgent Care and was transferred to the emergency room for intravenous fluids because I had become dehydrated. Blood was drawn for laboratory tests that could identify anaplasmosis. After eight hours in the emergency room and two liters of intravenous fluids, I was sent home with an additional antibiotic and a follow-up appointment with my primary care provider. The laboratory test came back positive for anaplasmosis. Fatigue and general malaise were significant for the next two weeks even with treatment.

*Ixodes scapularis*, the blacklegged tick, is endemic to our region. Blacklegged ticks have a 2- to 3-year life cycle. In mild winters, like we had this year, fewer ticks die, resulting in a greater number in the next spring and summer. Ticks have four stages: egg, larva, nymph, and adult. Larval and nymph phases are active in spring and summer and require a 'blood meal' to develop into the next phase. Deer and rodents are the most common source for the 'blood meal', and if they are infected with a bacterium, rickettsia, or parasite, the tick also becomes infected and can then transmit these organisms to people (<https://www.cdc.gov/lyme/transmission/>).

Lyme disease is the most common vector-borne disease in the United States. It is caused by the bacterium *Borrelia burgdorferi* transmitted to humans through the bite of infected blacklegged ticks. A fever during the spring/summer months in our area without an obvious source of infection should be evaluated for Lyme disease or other tick-borne infections.

The incubation period for Lyme disease is 3-30 days. Typical symptoms include fever, headache, fatigue, and in some people a characteristic skin "bullseye" rash called *erythema migrans*. If left untreated, infection can spread to joints, the heart, and the nervous system.

Lyme disease is diagnosed based on symptoms, physical findings (e.g., rash), and the possibility of exposure to infected ticks. Walking in the woods or gardening in areas frequented by deer or rodents exposes a person to ticks. Blood laboratory testing is helpful in confirming the diagnosis and determining treatment. Treatment requires antibiotics, usually doxycycline, for 10-14 days.

Anaplasmosis is caused by *A. phagocytophilum*, a rickettsia. It has the same geographical distribution as Lyme disease and is transmitted by the bite of an infected tick. Symptoms of anaplasmosis resemble those of Lyme disease but are usually more severe with fever, chills, severe headache, body aches and pains, nausea, and vomiting. In addition, changes in blood cells and liver function can occur. The incubation period is 5-14 days. Anaplasmosis and Lyme disease can be transmitted together by the same tick, or separately. Laboratory diagnosis is more challenging for anaplasmosis. Suspicion of the disease due to symptoms and possible tick exposure is sufficient to begin treatment to prevent severe illness. Doxycycline is also the antibiotic of choice for anaplasmosis.

Babesiosis is caused by a parasite (*Babesia microti*) that infects red blood cells. Most cases in the United States are transmitted by the same ticks that carry Lyme disease and anaplasmosis. The incubation period for tick borne babesiosis is 1-4 weeks. An estimated 25% of infected adults have no symptoms. Symptoms, if they occur, can include fever, fatigue, aches and pains, and gastrointestinal symptoms. Changes in blood cell levels and liver and urine function tests can occur. Positive laboratory diagnosis by microscopic examination of a peripheral blood smear, polymerase chain reaction (PCR) analysis or change in *Babesia*-specific antibody levels, can confirm the infection. Treatment of mild infections is usually with Azithromycin for 7-10 days. Older adults may be more prone to serious infections. Again, babesiosis can be present by itself or in conjunction with Lyme or anaplasmosis.

Steps to prevent tick-borne diseases include using insect repellent, removing ticks promptly, applying pesticides to yard areas used by people, and reducing tick habitat ([https://www.cdc.gov/lyme/prev/on\\_people.html](https://www.cdc.gov/lyme/prev/on_people.html)). Application of insect repellent to arms, legs, and clothing prior to working in the yard or walking in the woods is helpful. Careful examination of all skin areas and showering after being in areas where ticks can be found is important. Nymphal ticks are only the size of a poppy seed so can easily be missed. If the tick can be removed within 24 hours, the chances of infection are greatly reduced. Mowing and clearing brush and leaves in the areas people congregate can reduce the exposure to ticks. Ticks do not fly or jump but latch onto you or your pets by direct contact. Walking on well cleared paths in the woods can reduce your exposure to ticks.

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Pat Jackson Allen is chair of the Health & Wellness Committee and a member of Amity Village.

## HomeHaveners Immersed Themselves in Bach

Bach photos by Karen Schneider unless noted



L-R: Harriet Bergmann, Hans Bergmann, and Carolyn Gould.



Kerry Snyder teaching.



L to R: Mary-Jo Warren, Libby Meyer, and Trish O'Leary-Treat.

On March 27, Kerry Snyder led a seminar on Bach's St. John's Passion in preparation for travel to a performance at St. Peter's Lutheran Church in New York City. On Good Friday, March 29, a Bach sextet headed to the Big Apple to hear the piece.



Photo by Metro-North conductor

Above: Back row, L-R: Trish O'Leary-Treat, Carolyn Gould, and Karen Schneider. Front row, L-R: Libby Meyer, Mary-Jo Warren, and Kerry Snyder. At left: St. Peter's Church on Lexington Ave in NYC with HHers in the lower right.



### **\*\*NEW GROUP\*\***

Curious about Pilates? Need to increase your strength and tone your core? Join fellow HomeHaven (East Rock Village) member Susan Spero for a small-group Pilates mat class! Susan will tailor the class to participants' specific needs and bodies and will provide professional instruction and attention. The class will be limited to 5-6 people and will require sign-up ahead of time. Cost will be \$10/class, location TBD (might you have room to host?)

Please contact Kate for more information and to sign up: [hkateh@gmail.com](mailto:hkateh@gmail.com) or 203-776-7378.

# IT COMMITTEE: Those !@#\$%^&\* Pop-up Ads

by John Sawyer

One of the more frequent complaints addressed to the IT Committee concerns the annoyance of unsolicited and unwanted ads appearing on our Internet Browsers.

But never fear; help is available.

Per the online version of PC Magazine ([www.pcmag.com/picks/best-ad-blockers](http://www.pcmag.com/picks/best-ad-blockers)), the following are the best fixes currently available:

1. Best for blocking everything, everywhere: uBlock.
2. Best for tracker blocking: Privacy Badger
3. Best for showing its work: Ghostery
4. Best for blocking unacceptable ads: Adblock Plus
5. The best thing of all is that they are all FREE!!!!



## ***Happy Birthday to HomeHaven members with a birthday in May***

Judy August    Aboud Bashy  
Bill Batsford    Jean Blue  
Ellen Brainard    Paul Bushkovitch  
Carol Cheney    Priscilla Dannies  
Jeannie Drury    Andy Fiddler  
Howard Goldstein    Carol Hay  
Roger Ibbotson    Joseph LaPalombara  
Elaine Lawson    Peggy MacMullen  
Bobbi Miller    Liz Orsini  
Meg Pechar    Clare Roberts  
Jim Sinclair    Frans Wackers  
Marjan Wackers    Brian West



In addition, PCMag also recommends that you review your browser's privacy settings. I know that Microsoft Edge (my current browser) and Google Chrome (if you can stand Google's knowing everything you do) have excellent and descriptive privacy setting functions in their user settings area.

Ad blockers work as an addition to your web browser software and as such, block ads only on web pages. You will be able to tell whether or not your ad blocker software is working by looking at a web page you know has ads (for me, it's the *NH Register* on-line edition). With the blocker working, everywhere the paper says there's an advertisement, all I see is a blank space. Some free websites may also prompt you to turn off your ad blocker to get "...the full experience" from their website. I just ignore these.

PCMag also recommends that you:

1. Consider installing a VPN (virtual private network), primarily if you travel a lot using Wi-Fi
2. Use Antivirus software and an Ad Blocker
3. Use a Password Manager to create unique and complex passwords
4. Use multi-factor authentication where available

My January 2021 Computer Connections article covered passwords and multi-factor authentication, and I will address VPNs in a later article.

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*John Sawyer is a retired IT professional. He is a member of the IT Committee and he and his wife Pam Stanton are members of Amity and Westville Villages.*

## **NEED HELP**

**with your cell phone  
or other electronic device?**

**The HomeHaven IT Helpers  
are here for you!**

**To start the process, call the Office.**

**203-776-7378**

**An IT helper will call you back.**

# HOUSEHOLD SERVICES COMMITTEE: VENDOR CATEGORIES

The Household Services Committee has 3 categories of vendors: “v” means vetted by us. Vetting involves background checks, proof of insurance and proof of a license where required. “n” means non-vetted by HomeHaven but used by several members, and “r” means recommended by a member. We decided this month to give out a list of vendor categories. The actual vendors are kept unpublished as they are for the exclusive use of our members. We ask that you examine the list to see if you need the services of any

of them. In addition, we would be most appreciative if you would send us names to add to the list of various vendors who have given you good service and whom you would like to see helping out your fellow HomeHaveners. If you have a real emergency and need immediate help, service and/or remediation, please take down the name of Servicemaster, Drew Kufta, (203) 535-0370 and call them 24/7. The best way to use the services outlined below is to contact Kate in the Office.

## Major Trades

- General Contractors v, r
- Air-conditioning, n, r
- Carpentry, r
- Electrical, v, r
- Handymen, v, n
- Heating/Boilers, r
- Masonry, v, n
- Painting, v
- Plumbing, n, r

## Interior Maintenance

- Appliance Repair, n, r
- Floor Refinishing, n
- Interior Handrails, r
- Tile/Marble Replace or Repair, v
- Window/Door Replacement, v

## Cleaning

- Blinds, v
- Carpet, r
- Chandeliers, v
- Chimneys, v
- Ducts (dryer, etc.), r
- House Cleaning, v, r
- Windows, r

## Pests & Invasive Control

- Asbestos Testing and Removal, v, n
- Exterminator, v, r
- Mold Remediation, v
- Radon Testing, r
- Wildlife Control, n, r

## Exterior Maintenance

- Driveway Paving & Sealing, n
- Garage Doors, n
- Gutter Cleaning, v, n
- Gutter Replacement & Repair, n
- Exterior Handrails, v, r
- Power Washing, v
- Roofing, n, r
- Snow Removal, v, r

## Landscape Maintenance

- Landscape Design, v
- Trees and Shrub Maintenance, v
- Yard Work, n

## Specialties

- Firewood, r
- Generators, r
- Junk Removal, n
- House Alarm & Security, r
- Locksmith, n
- Movers, n
- Oil Tank Removal, r
- Ramps, v
- Stair Lifts, r

## Consultants

- Appraisers, r
- Home Organizers, r

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Please remember to let the office know each time you use a provider originally recommended by HomeHaven. **Thanks so much!!**

# Amity Villagers Were Here, There, and Everywhere in April...

Photo Essay by Rick Allen

“This defies description!” was heard over and over. It was our response to the **Wurtele Study Center**, Yale’s 33,000 sq. foot state-of-the-art educational and research facility at West Campus, housing over 42,000 three-dimensional objects. Patricia Kane, Curator of American Decorative Art, was our superb guide.



The range of artistic expression was breathtaking. We saw fabulous objects in bronze, silver, gold, pewter, stone, fiber, wood, bone, glass and feathers...both high style and vernacular, from all over the world. It was a veritable Aladdin’s Cave.



Bernard Zuckerman, 2nd from right, questioning Patricia Kane. HomeHaven members from left: Helen Cooper, Jim Barnes, Marjan Wackers, Judy Moore, and Libby Meyer.

And as if this weren’t special enough, we then had the rare privilege of visiting the Conservation Studio where Chief Paintings Conservator Irma Passeri introduced us to Fellows working on a range of restoration projects: here working inch by inch with a microscope to uncover an original blue and gold painting.



Another project was cleaning soot and grime from a gorgeously carved and embellished round frame, revealing the original layers below.



L to R: Irma Passeri, Patricia Kane, and HomeHaveners Judy Moore, Libby Meyer, and Pat Miller.

## ...from the Wurtele Center to the Blue Check Diner

Diverse restoration projects were happening all over the studio... was this an alligator... or a crocodile?



a major exhibition that will open at Yale next Fall and then travel to the National Gallery in London. We felt privileged to see this sleeping beauty being brought back to life. It was the perfect ending to a memorable visit.



Wurtele and Soup Sunday photos by Rick Allen

We were stopped in our tracks by a gorgeous 32-ft diameter painting of dancing female figures on a beautiful blue background called *The Hours*, by Edwin Austin Abbey. The canvas had arrived from London in 1937 rolled onto a cylinder and in the 87 years since, it had never, until now, been unrolled. The colors were as fresh as if just painted but the canvas itself had been twisted out of shape. This work is being prepared for

And we met for Coffee at the **Blue Check Diner** on April 10.



L-R: Libby Meyer, Judy Katz, Ben Judd, Dave Schneider, Pat Miller, and Jinny Schneider.



L-R: Allan Smits, Diane Dolan, Bernard Zuckerman, and Gail Brekke.

Blue Check Diner photos by Judy Moore

On March 17, 33 Amity Village members and a few prospective members gathered together for lively conversation and good food at a **Soup Supper** at Pat

and Rick Allen's home in Woodbridge. Four large pots of soup were made by Pat Miller, Trish O'Leary Treat, Libby Meyer, and Elaine Lawson.



L-R: Frank Estes and Diane Dolan working the cauldrons; Liz Wolf, Werner Wolf, Diane Dolan, Libby Meyer, and Pat Allen; Frank Estes, Ellen Estes, and Clare Roberts helping themselves.

Genesis 12: The Lord had said to Abram, "Leave your country, your people and your father's household and go to the land I will show you."

*Each young person comes to that time of life when he or she must go out into the world. I wrote the following poem when my daughter was flying off after high school graduation to go with a friend to Europe for a summer adventure. — Jeanne*

## GOODBYE

by Jeanne Kerr

She felt so frail in my arms,  
heart beating,  
wings stirring,  
readying for takeoff  
into the world.

One turn to wave.  
Goodbye!

Who makes the bolts,  
ball bearings,  
whirling things?  
Who tends their fires?  
Who are the men  
who sail the air  
above the clouds,  
defying gravity's moorings?  
Do they know  
how important is  
the gift they carry?

My grown up girl,  
My present to the world.

Left behind,  
we few who wait  
brush away tears  
or joke too loudly.

Of different colors  
ages, lives,  
all send our breath  
to bear our loved ones up,  
into the impossible air.

Air, invisible breath of life,  
all there is to carry them  
there,

where,  
everywhere!

Slow, ungainly craft,  
lumbering, unlike  
the bird it must become!  
Pause, wings beating.

Transformation,  
transfiguration,  
faster,  
assuming power, authority!

A breath,  
defying, climbing,  
reaching, believing!

Oh bird of speed and light  
Goodbye!

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*Jeanne Kerr is a member of East Rock Village.*

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*If you are writing poems and would like to be published, please email them in a Word Doc to HomeHaven's poetry editor, Cindy Crooker, at [cynthia.crooker@gmail.com](mailto:cynthia.crooker@gmail.com).*

### CONTRIBUTION IN RECOGNITION OF MEMBERS AND FRIENDS

An Anonymous contribution was given  
"in recognition of a wonderful organization."

Photo by waiter @Caffe Bravo



HH Membership Committee says good-bye to Abby. L-R: Kerry Triffin, Abby Klein, Kate Hay, Judith Colton, Linda Klein, Lauri Lowell, Barbara Fiddler, Kaye Maggart, and Bill Brainard.

# VILLAGE GATHERINGS

*Please contact your Village Leader for up-to-date information.*

## AMITY

**Thursday, May 2. 5pm**

### Virtual Happy Hour

Join us once a month on the first Thursday @5pm.

**Wednesday, May 8. 10am**

### Coffee at the Blue Check Diner

It's getting warmer and we're going out for coffee again! The tables outside have limited seating so bring a chair! 382 Amity Rd, at the intersection with Center Road.

**Wednesday, May 15. 1:30pm**

### Movie Screening

A movie screening and discussion of a film TBA at Diane Dolan's home. Space is limited to 11. RSVP Diane at [rdcoup@yahoo.com](mailto:rdcoup@yahoo.com)

## DOWNTOWN

### Open invite

ERV invites us to join any of their happy hours/ coffee meets. See below.

## ERV

**Saturdays, May 4, 11, 18, 25. 5pm**

### Virtual Happy Hour

A virtual Village Happy Hour using Zoom. Join us every Saturday!

**Wednesday, May 8. 10am**

### ERV Coffee Hour

We are going to the Neighborhood Café. (947A State St., near Marjolaine) Contact Kerry or Karen for more info.

**Thursday, May 9. 5pm**

### Hard Cider in a Spring Garden

Steve Victor & Sue Roberts invite you to a celebration of spring and hard cider in the garden of their East Rock home. Steve & Sue have made

hard cider from fresh-pressed apple juice for many years and have sometimes won awards for their cider. They plan to offer several different hard ciders at this event. Hors d'oeuvres are welcome. Please register on the HH Events Calendar or RSVP to the office for an accurate headcount.

**Tuesday, May 21. 4pm**

### Happy Hour at Cave à Vin

We are gathering at a cozy wine bar on State Street. Because the space is so small, registration is limited and required by Friday, May 17 at 4pm. And in order to claim a comfy chair, you must arrive promptly at 4pm! But it is worth it! (975 State St) Register online through the HH Events Calendar. Or contact Kerry or Karen.

**Thursday, May 30. 4pm**

### Happy Hour @East Rock Brewery

We are meeting at the brewery (285 Nicoll St). Contact Kerry or Karen for more info. All are welcome!

## HAMDEN/ NORTH HAVEN

**Tuesday, May 14. 10:30am**

### Hamden/No Haven Coffee

We meet at Best Video. See you there!

## WESTVILLE

**Thursday, May 9. 6pm**

### Neighborhood Dining @Dozo

Stay tuned to HH Happenings and emails from Susan for details! RSVP by 5/7 for an accurate headcount. [feinbergs@sbcglobal.net](mailto:feinbergs@sbcglobal.net)

**Thursday, May 23. 5-7pm**

### Westvillain Happy Hour at Celeste's

Weather permitting our outdoor Happy Hours are back! From 5-7 in Celeste's backyard.

## North Haven/Hamden April Coffee @Best Video



From left, L-R: Bernadette Welsh (guest), Sharon Matthews, Jeannie Drury, Annelies Sheehan, Linda Muirhead, Jackie Trimble Shapiro, and Susan Fowler

# HH ONGOING ACTIVITIES & INTEREST GROUPS (members only)

## BOOK GROUP

**Fourth Monday of the month at 7pm**

The next meeting will be Monday, May 27 at 7pm. The book for May: *TBA*. Contact Mary-Jo for more information. [warrenmaryjo1635@gmail.com](mailto:warrenmaryjo1635@gmail.com). All genres welcome!

## COOKING/DINING GROUPS

**Cooking in Different Languages.**

**Theme: Moroccan**

**Monday, May 20. 6-8pm**

CinDL is a group of home cooks who get a chance to make and share food from cuisines of other countries and regions. Each guest contributes a dish. **Registration opens May 1. Please register by 5/13.**

**Dining Out. Location: Lenny's**

**Wednesday, May 22. 6-8pm**

Dining Out is a monthly dinner group that meets (on the fourth Wednesday of the month) at a different local restaurant that offers international cuisine. The next restaurant is chosen by the diners. **Registration opens May 1. Please register by 5/20.**

## FRENCH GROUP

**Tuesday, May 21. 2-4pm**

The French Group meets for conversation and conviviality, et pour exerciser nos cerveaux en parlant le français. We will choose and discuss an article in French for each monthly meeting, held in a member's home. In May we are meeting at Judith Colton's home. Please contact Christina Schenker [kschenker17@comcast.net](mailto:kschenker17@comcast.net) for more information.

## MEMOIR WRITING GROUPS

The groups meet every second and fourth Monday or Tuesday of the month for an hour and a half. We're Zooming these days, and it's working beautifully. For more information, please email Harriet Bergmann at [hfb183@gmail.com](mailto:hfb183@gmail.com).

## MEN'S GROUP

**Wednesday, May 22. 2pm**

**Location: rotates among the group members**

If you are interested, please email Rick Allen [rickallen@mac.com](mailto:rickallen@mac.com) or Jim Barnes at [jim.marybarnes@gmail.com](mailto:jim.marybarnes@gmail.com).

## PHILOSOPHY GROUP

**Monday, May 20. 12pm**

**Philosophy and Life's Most Persistent Questions**

What questions are you drawn to pondering at your age? This group is full for now but if you are interested in joining, please contact Kerry Triffin (203-215-7326 or [fhww@hotmail.com](mailto:fhww@hotmail.com)).

## PINS AND NEEDLES

**Monday, May 20. 3pm**

**Location: rotates among the group members**

The May meeting is at Jeannie Drury's home. RSVP to Jeannie at [JeannieDrury@aol.com](mailto:JeannieDrury@aol.com). Bring a project and enjoy good company and lively discussion. New members are always welcome at these monthly gatherings. If you would like to join the group, please contact Kathy Denardo at [Vivian.denardo@att.net](mailto:Vivian.denardo@att.net) or 203-687-8835.

## PLAY READING GROUP

**Tuesdays, May 14 & 28. 7pm**

**Romeo & Juliet, by William Shakespeare**

There is a limit of 12 readers. **Registration is required.** Please register as a Reader or an Audience. The Zoom link will go out prior to the program to those registered. **Please register through the Events Calendar.**

### HomeHaven Men's Group Open for Two Additional Members

The HomeHaven Men's Group has been meeting since last August, gathering in different members' homes to join in conversation and to discuss whatever is on our minds. The meetings are scheduled for the 4th Wednesday of each month from 2-4 pm.

We are looking to add two additional members. If you are interested in joining us, or have questions, please email Jim Barnes at [jimbarnes465@gmail.com](mailto:jimbarnes465@gmail.com) or Rick Allen at [rickallen@mac.com](mailto:rickallen@mac.com).



## Events: May



*The office will be closed on Monday, May 27 for Memorial Day.  
All HHers attending in-person events should be fully vaccinated!*

**Wednesday, May 1, @8am through**

**Thursday, May 2 @8pm**

### **THE GREAT GIVE 2024**

That's right, it's the 36-hour giving drive sponsored by the Community Foundation for Greater New Haven. See the article on page 1. If you can't donate during the official times, you can donate early [HERE](http://www.thegreatgive.org/organizations/homehaven). ([www.thegreatgive.org/organizations/homehaven](http://www.thegreatgive.org/organizations/homehaven))

**Friday, May 17. 12:30pm**

### **Why We Vote, a book talk with Owen Fiss**

Owen Fiss, Hamden/North Haven villager, legal scholar, and Emeritus Professor at Yale Law School, joins us for a conversation about his new book, *Why We Vote*. The book grew out of a seminar Owen taught at the Law School. Greg Briker, Yale Law student and PhD candidate, will comment upon and quiz Owen about different aspects of the book. A Zoom invite will go out prior to the program and be posted on the HH calendar. **Members and Guests welcome.**

**Thursday, May 30. 2-4pm**

### **Understanding Long-term Care Services:**

#### **An in-person panel presentation**

**Spring Glen Church, 1825 Whitney Ave., Hamden**

We often find that with age comes uncertainty about a range of concerns, from medical care to home safety to where to live for the home stretch. Join us for a 90-minute conversation with a panel of experts who have the knowledge and tools to help older adults make these tough decisions. (More details on page 3.) Sponsored by HomeHaven and Spring Glen Church. **For members of HH and SGC.**

## **HomeHaven Seeks Newsletter Editor and Assistant Editor**

We are looking for two people to work on the newsletter together. The committees and the president or exec. director send in their articles and they go to our volunteer copyeditor. Our poetry editor chooses a poem, while Kate pulls together the events listings. Our professional graphic designer does all the layout and design. Your job as editor and assistant editor is to keep track of the whole process. If you want to know more about this interesting and important volunteer opportunity, please contact Lauri at [lowell@homehavenvillages.org](mailto:lowell@homehavenvillages.org) or 203 776-7378.

## **HOMEHAVEN OFFICE**

**☞ 203-776-7378 ☜**

**[info@homehavenvillages.org](mailto:info@homehavenvillages.org)**

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## **SAVE THE DATE**

**HomeHaven's Annual**

*Summer Picnic Potluck*

**Thursday, June 13, 5-7 PM**

**Edgerton Park Carriage House Garden**